

KEENE STATE COLLEGE
BACHELOR OF SCIENCE IN PHYSICAL EDUCATION: TEACHER CERTIFICATION OPTION

FRESHMAN		SOPHOMORE		JUNIOR		SENIOR	
FALL	SPRING	FALL	SPRING	FALL	SPRING	FALL	SPRING
MAJOR PE 100 (Foundations of PE - 2 credits)	MAJOR PE 278 (Racquet Sports – 2 credits)	MAJOR PE 255 (Developmental Movement – 2 credits)	MAJOR PE 360 (Teaching PE – 4 credits)	MAJOR PE 375 or 376* (Elementary or Secondary Practicum – 4 credits)	MAJOR PE 375 or 376* (Elementary or Secondary Practicum – 4 credits)	TEACHER EDUCATION PE 475* (Student Teaching: Elementary – 6 credits)	
MAJOR PE 260 (Total Fitness – 2 credits)	MAJOR PE 286 (Basketball - 1 credit)	MAJOR PE 265 (Secondary Activities – 1 credit)	MAJOR PE 283 (Gymnastics – 2 credits)	MAJOR PE 361 (Adapted PE – 4 credits)	MAJOR PE 362 (Org & Admin of PE Programs- 4 credits)	TEACHER EDUCATION PE 476* (Student Teaching: Secondary – 6 credits)	
MAJOR PE 288 (Soccer/Speedball - 1 credit)		MAJOR PE287 (Softball – 1 credit)	MAJOR PE 285 (Volleyball – 1 credit)	MAJOR PE 282 (Track & Field – 1 credit)	MAJOR PE 363 (Evaluation of K-12 Learners in PE – 2 credits)	TEACHER EDUCATION PE 477 (Student Teaching Seminar - 4 credits)	
	TEACHER EDUCATION EDUC 100 (Issues in Education – 2 credits)	TEACHER EDUCATION EDSP 202 (Develop, Except & Learning – 4 credits)		MAJOR PE 261 (Fitness Curriculum K-12 - 1 credit)	MAJOR PE256 (Rhythms – 2 credits)		ISP course** (4 credits)
Allied Requirement that can be used as Integrative Studies Natural Science INCHEM 100** (Intro to Chemistry – 4 credits)	Allied Requirement BIO 230 (Human A&P I – 4 credits)	Allied Requirement BIO 232 (Human A&P II – 4 credits)	MAJOR PE 200 (Applied Kinesiology – 4 credits)	MAJOR PE 201 (Physiology of Exercise – 4 credits)	MAJOR PE268 (Outdoor Skills – 1 credit)		ISP course** (4 credits)
Integrative Studies Thinking and Writing (ITW 101 – 4 credits)	Integrative Studies Quantitative Literacy (IQL 101 – 4 credits)						ISP course** (4 credits)
ISP course** (4 credits)	ISP course** (4 credits)	ISP course** (4 credits)	ISP course** (4 credits)				
<i>17 credits</i>	<i>17 credits</i>	<i>16 credits</i>	<i>15 credits</i>	<i>14 credits</i>	<i>13 credits</i>	<i>16 credits</i>	<i>12 credits</i>
<p>* Required competency: Certification in Standard First Aid and CPR for the Professional Rescuer</p> <p>This competency can be fulfilled by the following elective courses:</p>					<p>TOTAL CREDITS = 120</p>		
<p>PE 191 ARC Standard First Aid/CP (1 credit)</p>					<p>** ISP courses selected should meet ISP program requirements. Note: 6 courses in the ISP must be taken at the 100-200 level , followed by 2 courses at the 300-400 level.</p>		
Recommended Electives:	HLSC 101 Health and Wellness (4 credits) PE 141 Wellness: theory into Practice (2 credits)	PE 152 Aquatic Conditioning (1 credit) PE 160: CV Fitness (1 credit)	PE 161: Strength Training (1 credit) PE 163: Yoga (1 credit)	PE 177: Golf (1 credit) PE 210: Intro Coaching (3 credits)	PE 344 Sports Nutrition (4 credit) PE 371: Coaching Practicum (1-6 credits)		
<p>Recommended Electives that may apply toward certification in health at another college: courses in chemical dependency, human sexuality, and nutrition.</p>							

**Physical Education Department
2012 – 2013 Advising Procedures**

Athletic Training Major Advising Plan

- Orientation and Open House Events: Athletic Training major candidates are provided an overview of the program, including the admissions process. They are also given the Program Planning Sheet and the 4-year plan during Orientation. (The Program Director works at Orientation and Open House events.)
- The Athletic Training Brochure that describes the major, as well as admission requirements is provided in PE 141 during the students' first semester. The Athletic Training Application, for admission to the major is provided in PE 140, during the first OR second semester. The focus of this class is to educate students on the major/program, the application procedure, introduce them to the field of AT and educate them about job settings, salary, and professional opportunities.
- First-year and Transfer Student Prospective Major Meeting: The program director conducts the first-year and transfer student meeting in the first week of classes in the fall; during mid-semester for advising, again during the first week of the spring semester, and finally during mid-semester for advising. Advising folders are created in the first semester and include a Personal Information Sheet, 4-year planning grid, etc.
- Application to the BS. Athletic Training: Detailed admission requirements are provided in the academic catalog; Student's are required to submit the application packet to the program director, for first year students, by April 15th and, for accelerated transfer students, by November 30th. Students are encouraged to maintain a copy for their records in the student portfolio and the original is filed in CAATE accreditation file in Program Director's office.
- Acceptance into the Major: Acceptance into the major occurs in the summer for first year students and in the fall for accelerated transfers. Students receive a letter indicating their acceptance or denial along with deficiencies; signed copies of acceptance letters are kept in the CAATE accreditation file in the Program Director's office.
- Declaration of Major and Assignment of Advisors: Following acceptance to the major students DECLARE their major and are assigned an advisor (clinical faculty). The advising folder is forwarded to the clinical faculty advisor. Copy of the Declaration of Major is in the advising folder. Accelerated Transfers continue advising with the program director to ensure adherence to the Accelerated Transfer Plan
- Advising for Course Registration and Career Planning: Individual meetings occur prior to each semester's course registration to ensure proper courses within the major and ISP are scheduled.
- Long term academic goals: Individual students are mentored for professional plans by the clinical faculty and encouraged to research pre-requisites for graduate school by the end of the sophomore year or by the middle of the junior year.

- **Professional Development:** Professional development occurs within the clinical courses that are required by encouraging students to become members of national and state organizations, attend professional meetings, apply for scholarships, internships, etc., as well as study abroad programs specific to AT.
- **Non-accepted Students:** Those students may re-apply at the end of the following spring semester once deficiencies are met, change majors, or change schools. The program director remains the advisor for these students until they are admitted, change advisors/programs, or change schools.

Physical Education Major Teacher Certification Option Advising Plan

- **First-year and Transfer Student Prospective Major Meeting:** The handout for “Prospective Physical Education Majors” describes the major, as well as general admission requirements. This document is given to students during the Orientation session at the beginning of the fall at the first year and transfer student pre-admission information meeting. The focus of this meeting is to educate students on the major program, and the application procedure (including admission portfolio development).
- **Assignment of Pre-admission Advisors:** Within one week following the “First-year and Transfer Student Prospective Major” meeting, students are assigned an individual pre-admission faculty or clinical faculty advisor.
- **PE 100 Foundations of Physical Education:** Degree requirements are reviewed. Students complete a Program Planning Sheet for ISP requirements, and a 2 yr. curriculum plan.
- **Individual meetings with students** are encouraged prior to each semester’s course registration to ensure proper courses within the major and ISP are scheduled. Because pre-admitted students are not able to declare their major, registration for PE major courses require an advisor’s signature on a schedule adjustment form.
- **Submit Admission Portfolio:** Physical Education major candidates submit their admission portfolio no later than the last day of spring final exams.
- **Acceptance into the Major:** Review of admission portfolios occurs in May, and students are notified of acceptance / non-acceptance into the major in June.
- **Non-accepted Students:** Students who are not accepted are encouraged to work with their pre-admission advisor to discuss their academic and career goals. Those students may re-apply at the end the following spring semester, change majors, or change schools.
- **Declaration of Major and Assignment of Advisors:** Following acceptance to the major students **DECLARE** their major and choose an advisor (or continue with their pre-admission advisor).

- Four-year Curriculum Plans: Following acceptance to the major students work with their advisors to develop a 4-year curriculum plan based on the semester in which they will student teach.
- Advising for Course Registration and Career Planning: Individual meetings with students are encouraged prior to each semester's course registration to ensure proper courses within the major and ISP are scheduled.
- Long Term Academic Goals: Individual students are mentored for professional plans by their advisors and are encouraged to research pre-requisites for graduate school, certification requirements in states other than NH, and certification requirements in related content areas (i.e. health, adapted P.E., etc.).
- PE 362 Administration of PE Programs: Students research entrance requirements for graduate schools and certification for licensure in NH and other states.
- Professional Development: Professional development opportunities are made available through involvement with the P.E. Club, the PEK Honor Society, as well as in consultation with PE faculty and PAT. Students are encouraged to become members of national and state organizations, attend professional meetings, and apply for scholarships specific to PE.

Physical Education Major Exercise Science Option Advising Plan (second year that this option has been offered within the Physical Education major)

- First-year and Transfer Student Prospective Major Meeting: The focus of this meeting is to educate students on the major program, and the application procedure.
- Assignment of Pre-admission Advisors: Up to, and including AY 2012-2013, all students are assigned to Dr. Jeffery Timmer. Beginning AY 2013-2014, pre-admission candidates will be assigned to either Dr. Jeffery Timmer or Dr. Melanie Adams.
- Individual meetings with students are encouraged prior to each semester's course registration to ensure proper courses within the major and ISP is scheduled. Because pre-admitted students are not able to declare their major, registration for PE major courses require an advisor's signature on a schedule adjustment form.
- Submit Admission Application: Physical Education major Exercise Science option candidates submit their admission application at the end of the Spring Semester after their first year in the program. Exceptions for transfer students can be made if prerequisites for admission are completed.

- Acceptance into the Major: Review of admission applications occurs in May, and students are notified of acceptance / non-acceptance into the major in June. Students are then placed into a Spring Track or Fall Track sequence of courses to complete the major.
- Non-accepted Students: Students who are not accepted are encouraged to work with their pre-admission advisor to discuss their academic and career goals. Those students may re-apply at the end of the following spring semester, change majors, or change schools.
- Declaration of Major and Assignment of Advisors: Following acceptance to the major students DECLARE their major and choose an advisor (or continue with their pre-admission advisor).
- Four-year Curriculum Plans: Following acceptance to the major students work with their advisors to develop a 4-year curriculum plan based on the semester in which they will take the Exercise Science capstone course.
- Advising for Course Registration and Career Planning: Individual meetings with students are encouraged prior to each semester's course registration to ensure proper courses within the major and ISP are scheduled.
- Long Term Academic Goals: Individual students are mentored for professional plans by their advisors and are encouraged to research prerequisites for graduate school, certification requirements in states other than NH, and certification requirements in related content areas (i.e. health, adapted P.E., etc.).
- Students research entrance requirements for graduate schools and possible certifications through the American College of Sports Medicine, or National Strength and Conditioning Association.
- Professional Development: Professional development opportunities are made available through involvement with the P.E. Club, the PEK Honor Society, as well as in consultation with PE faculty and clinical faculty. Students are encouraged to become members of national and state organizations, attend professional meetings, and apply for scholarships specific to PE.