

Health Science Major - NUTRITION OPTION - 2015-2016 SUGGESTED COURSE SEQUENCE**First Year**

<u>Fall Semester</u>	Credits	<u>Spring Semester</u>	Credits
HLSC 101 Health & Wellness	4	BIO 230 Human Anatomy & Physiology I	4
INHLSC 175 Essentials of Nutrition Science*	4	IHCOMM 171 Public Speaking*	4
INCHEM 103 Fundamentals of Chemistry*	4	IQL* or ITW*	4
ITW* or IQL*	4	ISP Course*	4

Total Credits for Academic Year 32**Second Year**

<u>Fall Semester</u>		<u>Spring Semester</u>	
BIO 232 Human Anatomy & Physiology II	4	CHEM 220 Fundamentals of Organic Chemistry	4
HLSC 285 Health in Society	4	ISP Course*	4
HLSC 225 Nutrition Profession	2	HLSC 225 Nutrition Profession (if not taken previously)	2
HLSC 215 Nutrition Science & Application OR HLSC 216 Current Topics in Food Culture	4	HLSC 215 Nutrition Science & Application OR HLSC 216 Current Topics in Food Culture	4

Total Credits for Academic Year 28**Third Year**

<u>Fall Semester</u>		<u>Spring Semester</u>	
HLSC 240 Microbiology for Health Professionals	4	ISP Course*	4
HLSC 318 Nutrition throughout the Lifespan OR HLSC 385 Behavior Change Facilitation	4	HLSC 318 Nutrition throughout the Lifespan OR HLSC 385 Behavior Change Facilitation	4
HLSC 310 Food Science OR HLSC 313 Foodservice Management	4	HLSC 310 Food Science OR HLSC 313 Foodservice Management	4
HLSC 360 Physical Activity & Health OR HLSC 380 Addiction & Compulsive Behaviors	4	HLSC 360 Physical Activity & Health OR HLSC 380 Addiction & Compulsive Behaviors	4

Total Credits for Academic Year 32**Fourth Year**

<u>Fall Semester</u>		<u>Spring Semester</u>	
ISP Course*	4	ISP Course*	4
HLSC 415 Nutritional Biochemistry	4	HSLC 416 Medical Nutrition Therapy 2	4
HLSC 414 Medical Nutrition Therapy I (2) OR HLSC 473 Practicum: Nutrition (4)	2 or 4	HLSC 414 Medical Nutrition Therapy I (2) OR HLSC 473 Practicum: Nutrition (4)	2 or 4
HLSC 485 Health Promotion Practice OR HLSC 494/495 Health Science Capstone/Seminar: Health Science Research	4	HLSC 485 Health Promotion Practice OR HLSC 494 Health Science Capstone	4

Total Credits for Academic Year 28-32**TOTAL DEGREE CREDITS = 120****ISP = 40 Credits *Indicates Integrative Studies Program (ISP) Course****Major Requirements = 92 Credits (HLSC core [32 Credits] and Option [60 Credits]) 12 Credits can be applied toward ISP.****Electives = 0 Credit (Notes: accredited program) Upper Level Requirements = 54 Credits**

